# St. Gabace Lalender Home of the Guardians

### A Member of the St. Paul Family of Schools

# **An Easter Prayer**

This Joyous Time of Year

May the glory and the promise of this joyous time of year bring peace and happiness to you and those you hold most dear. And may Christ, Our Risen Savior, always be there by your side to bless you most abundantly and be your loving guide.



# **Big Red Fundraiser**

Hello Guardians!

With spring upon us and the warm weather on its way, it gets us excited for BBQ season! With this in mind, we thought what better fundraiser than one offering delicious meats from Big Red Markets! Your child will be coming home with the order sheet and the items for sale (picture below). The items will be accessible to purchase through <u>School Cash Online</u>, starting **Friday, April 5th, until Monday, April 28 before midnight**. Please refrain from sending any physical money or cheques to the school, as all orders must *only* go through <u>SCO</u>.

If you need help placing an order, please contact the office and Mrs. Lanteigne is more than happy to help!

Once the Fundraiser ends on **April 28th** and orders are submitted, you will receive an email indicating a date and time to pick up your orders.

We thank you in advance for everything you do supporting our Spring Fundraiser!



INQUIRIES For all inquiries and more details please contact us at our Head Office info@bigredmarkets.com or (905) 227-2015 ask for TJ or Tony We look forward to helping your organization achieve their goals!

### Rev. Feb. 12, 2024

# A Prayer for the National Day of Mourning

Loving God, We often witness tragedies that do not make sense to us. Today we remember those who have been killed or injured in the workplace. These men and women are mothers and fathers, sisters and brothers, sons and daughters, friends and neighbours. May the families and friends of these victims be comforted by the loving support of others.



As we remember the lost and injured, help each of us

to commit to workplace safety and health so that all places of work are life giving and free of unnecessary danger. Protect each of us in our work each day.

We ask this prayer through Jesus, the Risen One. Amen

# **Lenten Food Drive**

Last month St. Gabriel Lalemant held a Lenten Food Drive for Our Lady of the Scapular Parish. Each classroom tallied each item that was brought in and the winning classrrom was Mr. Cuviello's class with 136 items. In total our school collected 500 non-parishable food items. Thank you so much to everyone that was able to contribute. Many families will be assisted because of your generosity.







### SIGNIFICANT LATES

The first bell is at 8:30AM. If your child(ren) come in after 8:30am, they are considered **LATE**.

We understand the mornings are busy and things may happen. However, we kindly ask adjustments be made to your morning

routine, so your child(ren) will arrive on time. Punctuality is a very valuable skill to have.

If you are running late, please put it in **School Messenger (App)** or call **1-800-920-3897** to ensure your child(ren) are accounted for and we know they are safe.

### Parking Lot

This is a reminder when dropping students off in the morning, we ask you **DO NOT park in front of the school in the bus lane**. There is a "KISS AND RIDE" designed for you to drop your child off, so they can walk to the front door. Alternatively, you can park your car and walk your child to the front door. The bus lane is for the bus only.

We also ask for those who are parking in the NO PARKING areas to please refrain from doing this. We ask, going forward you park in a proper parking spot. We are blessed with a giant parking lot with lots of spaces.

Thank you for your support!

# Planning for next year...Agenda's

Hello Families,

To prepare for next school year (I know, crazy!), we are planning to order agenda's for students in Kindergarten to Grade 6. To help

offset the cost, we are asking for a \$5.00 donation per student in school cash online. Agenda's are a great resource for students to keep their studies organized and gives an opportunity for teacher and parents/guardians to easily communicate.

We thank you in advance for your support with this.

Any questions or help needed with purchasing, please call the school: 905.354.5422.

# Forks, Spoons and Water bottles

Please remember when packing your child(ren) lunch to pack the forks and spoons. We have purchased forks and spoons with funds we receive from NNP, however, we much rather purchase food for students than spend money on something we can bring from home. We also ask, students remember to bring their reusable water bottles. We have access to a wonderful water station where students can refill their water bottle with cold filtered water.

Niagara Region Public Health School Health Newsletter April 2024 Connecting the Curriculum to Home

Your child might start learning about various parts of healthy human growth and development based on their grade and the <u>Ontario Health and Physical Education (2019) curriculum</u>. One



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important topic that is covered is consent.

Our Public Health Nurses Jenn and Austin discuss how to start the conversation of consent, and how to connect the curriculum to home.

- Watch here: <u>Starting the Conversation of Consent Connecting the Curriculum to Home</u>
- <u>Frequently Asked Questions about Puberty</u> as your child starts learning more about human development, our school health team wants to support adults with answering some of those tricky questions.

### Niagara Ontario Health Team – Events Calendar

The <u>Niagara Ontario Health Team</u> created an events calendar tool to highlight the diverse activities happening in our region. This initiative highlights the importance of health and wellness. It also serves as a valuable link, connecting community members to resources available in Niagara. The <u>calendar</u> makes it easier to find and explore new things to do. It also helps create meaningful connections in our community. Visit today to learn more about what is going on near you! **Benefits of Risky Play** 

Did you know that letting kids <u>play freely outdoors</u>, even if it involves a bit of risk, is super important for their growth and well-being? Learn about the benefits of exciting play that might seem a little risky, and how it can help kids develop better physically, mentally, and socially. Let's rethink how we see risks and explore how adventurous play can actually help kids stay healthier and happier in the long run. Join us in creating a world where every child has the chance to thrive! For more information on what it is meant by risky play, check out <u>Active For Life webpage</u>. **Happy Oral Health Month!** 

Niagara Region Public Health Dental Program offers **FREE** dental clinics for children and youth 17 and under throughout Niagara.

Appointments are available for children in:

- Niagara Falls on Tuesdays
- Thorold on Mondays (afternoon and evening) and Wednesdays
- Welland on Thursdays

<u>Niagara's Mobile Dental Clinic</u> also travels around Niagara to various locations throughout the week.

All of our dental clinics offer free dental assessments, cleanings, fluoride and sealants. To book an appointment <u>contact the Dental Program</u> or <u>book a dental assessment online</u>. **Educational Resources** 

### **Opportunities for Every Student with Play for All**

To ensure a thriving intramural program, prioritize student safety and inclusivity. Tailor activities to student preferences, communicate goals clearly, and offer flexibility for participation. Cultivating student leadership is key for long-term success.

Explore <u>ophea.net/play-all</u> to discover additional resources, including planning tools and activity suggestions to enhance your students' physical activity throughout the day.

### Student Mental Health Ontario: Wayfinder

Unlock the power of mental health promotion and literacy in your classroom with confidence and ease! <u>School Mental Health Ontario Wayfinder</u> provides a clear framework for mental health learning in the classroom. Empower your classroom with mental health promotion and literacy tools perfectly aligned with the Ontario curriculum, fostering an inclusive space for students to support each other's mental well-being. Wayfinder provides:

- A digital guide of lessons and activities with easy-to-follow instructions
- Ready-to-use communication materials to foster home-school connections
- Regular email messages to offer you tips, support and new classroom resources

## April Calendar 2024.pdf

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**Tracy Lanteigne** Tracy is using Smore to create beautiful newsletters